

PCSC 2008/2009 TOP-10 Women (updated 11/31/08)

50 FREESTYLE

Anne Scott	LMU	23.78	Nike Cup	November 20, 2008
Anju Shimura	UCSD	23.85	Nike Cup	November 20, 2008
Aubrey Panis	UCSD	23.92	Nike Cup	November 20, 2008
Erin Deters	UCSD	24.05	Nike Cup	November 20, 2008
Cheyenne Coffman	Fresno Pacific	24.07	CSUB/FP/UOP/LMU	November 1, 2008
Ashtyn Douglas	UCSD	24.12	Nike Cup	November 20, 2008
Shea Kopp	UCSD	24.13r	Nike Cup	November 20, 2008
Dani Kimmel	Pepperdine	24.20	Malibu Invitational	October 25, 2008
Rachel Cote	Pepperdine	24.22	Malibu Invitational	October 25, 2008
Shannon Simonds	UCSD	24.37	Nike Cup	November 20, 2008

100 FREESTYLE

Anne Scott	LMU	51.35	Nike Cup	November 22, 2008
Anju Shimura	UCSD	51.38r	Nike Cup	November 22, 2008
Alicia Witter	LMU	51.98	Nike Cup	November 22, 2008
Aubrey Panis	UCSD	52.05	Nike Cup	November 22, 2008
Ashtyn Douglas	UCSD	52.10	Nike Cup	November 22, 2008
Erin Deters	UCSD	52.44	Nike Cup	November 22, 2008
Shannon Simonds	UCSD	52.34	Nike Cup	November 22, 2008
Haley Wilson	Pepperdine	53.44	Malibu Invitational	October 25, 2008
Jacqueline VanDriessche	Alaska Fairbanks	53.45	Nike Cup	November 21, 2008
Rachel Cote	Pepperdine	53.66r	Nike Cup	November 22, 2008

200 FREESTYLE

Anju Shimura	UCSD	1:51.46	Nike Cup	November 21, 2008
Anne Scott	LMU	1:52.88	Nike Cup	November 21, 2008
Aubrey Panis	UCSD	1:52.89	Nike Cup	November 21, 2008
Ashtyn Douglas	UCSD	1:52.91	Nike Cup	November 21, 2008
Alicia Witter	LMU	1:53.19	Nike Cup	November 21, 2008
Erin Deters	UCSD	1:53.74	Nike Cup	November 21, 2008
Shannon Simonds	UCSD	1:55.38	Nike Cup	November 21, 2008
Sam Zinsli	Alaska Fairbanks	1:55.84	Nike Cup	November 21, 2008
Hayley Wilson	Pepperdine	1:56.18	Anteater Shootout	November 7, 2008
Natasha Nguyen	UCSD	1:56.38	Nike Cup	November 21, 2008

500 FREESTYLE

Sam Zinsli	Alaska Fairbanks	5:02.28	Nike Cup	November 20, 2008
Shannon Simonds	UCSD	5:02.31	Nike Cup	November 20, 2008
Adriana Quezada	Cal Baptist	5:03.68	Nike Cup	November 20, 2008
Ashtyn Douglas	UCSD	5:03.79	Nike Cup	November 20, 2008
Madison Krall	Pepperdine	5:04.91	Nike Cup	November 20, 2008
Kailey Makuta	UCSD	5:06.10	Nike Cup	November 20, 2008
Rebecca Plume	LMU	5:06.28	Nike Cup	November 20, 2008
Jillian Dahle	LMU	5:09.97	Nike Cup	November 20, 2008
Alicia Witter	LMU	5:10.25	Nike Cup	November 20, 2008
Beth Strub	UCSD	5:12.13	Nike Cup	November 20, 2008

1000 FREESTYLE

Sam Zinsli	Alaska Fairbanks	10:33.20s	Nike Cup	November 22, 2008
Kailey Makuta	UCSD	10:34.17s	Nike Cup	November 22, 2008
Madison Krall	Pepperdine	10:39.55	Anteater Shootout	November 8, 2008
Adriana Quezada	Cal Baptist	10:42.68	Cal Baptist v. Redlands	November 1, 2008
Beth Strub	UCSD	10:43.05s	Nike Cup	November 22, 2008
Stefanie Olson	Cal Baptist	10:43.99s	Nike Cup	November 22, 2008
Terry Rinder	LMU	10:45.54s	Nike Cup	November 22, 2008
Stacy Carter	Fresno Pacific	10:50.22	CSUB/FP/UOP/LMU	November 1, 2008
Rebecca Plume	LMU	10:50.25s	Nike Cup	November 22, 2008
Heidi Tilicki	Alaska Fairbanks	10:57.20	Lewis & Clarke v Alaska	October 10, 2008

1650 FREESTYLE

Sam Zinsli	Alaska Fairbanks	17:29.58	Nike Cup	November 22, 2008
Madison Krall	Pepperdine	17:42.86	Anteater Shootout	November 7, 2008
Stefanie Olson	Cal Baptist	17:44.90	Nike Cup	November 22, 2008
Beth Strub	UCSD	17:46.42	Nike Cup	November 22, 2008
Kailey Makuta	UCSD	17:46.66	Nike Cup	November 22, 2008
Terry Rinder	LMU	17:49.88	Nike Cup	November 22, 2008
Rebecca Plume	LMU	17:57.12	Nike Cup	November 22, 2008
Brianna Blanchard	Pepperdine	18:04.63	Nike Cup	November 22, 2008
Krista Chacon	Cal Baptist	18:07.74	Nike Cup	November 22, 2008
Casey Hoffman	Seattle U	18:11.87	LMU v. Seattle U	November 9, 2008

100 BUTTERFLY

Karla Holman	UCSD	57.76	Nike Cup	November 21, 2008
Yvonne Le	LMU	57.79	Nike Cup	November 21, 2008
Abbey Jackson	Alaska Fairbanks	57.87	Nike Cup	November 21, 2008
Jen Simms	UCSD	57.89	Nike Cup	November 21, 2008
Mallorie Lim	LMU	57.93	Nike Cup	November 21, 2008
Kendall Bohn	UCSD	58.59	Nike Cup	November 21, 2008
Jessica Ferguson	UCSD	58.62	Nike Cup	November 21, 2008
Francesca Cyphers	Pepperdine	58.92	Malibu Invitational	October 11, 2008
Olivia Plume	LMU	58.94	Nike Cup	November 21, 2008
Trinity O'Neill	LMU	59.00s	Nike Cup	November 21, 2008

200 BUTTERFLY

Jen Sims	UCSD	2:05.34	Nike Cup	November 22, 2008
Trinity O'Neill	LMU	2:07.19	Nike Cup	November 22, 2008
Karla Holman	UCSD	2:08.10	Nike Cup	November 22, 2008
Katie Carmody	LMU	2:08.78	Nike Cup	November 22, 2008
Adrianna Quezada	Cal Baptist	2:09.90	Nike Cup	November 22, 2008
Madison Krall	Pepperdine	2:09.45	Nike Cup	November 22, 2008
Yvonne Le	LMU	2:10.55	LMU v. Seattle U	November 9, 2008
Michelle Fadley	Pepperdine	2:10.09	Nike Cup	November 22, 2008
Cari Cunningham	UCSD	2:11.17	Nike Cup	November 22, 2008
Jill Dahle	LMU	2:11.95	Nike Cup	November 22, 2008

100 BACKSTROKE

Rachel Cote	Pepperdine	56.87	Nike Cup	November 21, 2008
Anju Shimura	UCSD	56.96	Nike Cup	November 21, 2008
Alexandra Henley	UCSD	57.68	Nike Cup	November 21, 2008
Cheyenne Coffman	Fresno Pacific	57.76	CSUB/FP/UOP/LMU	November 1, 2008
Shea Kopp	UCSD	57.77	Nike Cup	November 21, 2008
Mar Brunet	Alaska Fairbanks	57.84	Nike Cup	November 21, 2008
Aubrey Panis	UCSD	58.00	Nike Cup	November 21, 2008
Nicole Shipman	Cal Baptist	58.38	Nike Cup	November 21, 2008
Jacqueline VanDriessche	Alaska Fairbanks	58.76	Nike Cup	November 21, 2008
Kathy Niemi	Alaska Fairbanks	59.38	Nike Cup	November 21, 2008

200 BACKSTROKE

Alexandra Henley	UCSD	2:03.45	Nike Cup	November 22, 2008
Mar Brunet	Alaska Fairbanks	2:04.36	Nike Cup	November 22, 2008
Nicole Shipman	Cal Baptist	2:05.20	Nike Cup	November 22, 2008
Aubrey Panis	UCSD	2:06.11	Nike Cup	November 22, 2008
Rachel Cote	Pepperdine	2:05.22	Nike Cup	November 22, 2008
Tammy Choy	LMU	2:07.58	Nike Cup	November 22, 2008
Anju Shimura	UCSC	2:06.66	UCSD v. UCD v CSUB	November 9, 2008
Yvonne Le	LMU	2:08.93	Nike Cup	November 22, 2008
Abbey Jackson	Alaska Fairbanks	2:09.13	Nike Cup	November 22, 2008
Ana Gomez	Concordia	2:09.26	Nike Cup	November 22, 2008

100 BREASTSTROKE

Kendall Bohn	UCSD	1:03.79	Nike Cup	November 21, 2008
Dani Kimmel	Pepperdine	1:05.23	Nike Cup	November 21, 2008
Sadie O'Brien	UCSD	1:05.60	Nike Cup	November 21, 2008
Kayleen Hicks	Pepperdine	1:05.80	Malibu Invitational	October 25, 2008
Neda Nguyen	UCSD	1:05.85	Nike Cup	November 21, 2008
Cari Cunningham	UCSD	1:06.89	Nike Cup	November 21, 2008
Megan Crowley	UCSC	1:07.48		
Alexis Morehouse	Seattle U.	1:07.55	SU v. UW v. UBC	October 23, 2008
Courtney Nichols	Alaska Fairbanks	1:07.72	Nike Cup	November 21, 2008
Katie Moore	Concordia	1:07.89	PCSC Relays	October 10, 2008

200 BREASTSTROKE

Neda Nguyen	UCSD	2:20.14	Nike Cup	November 22, 2008
Kendall Bohn	UCSD	2:16.06	Nike Cup	November 22, 2008
Cari Cunningham	UCSD	2:22.30	Nike Cup	November 22, 2008
Dani Kimmel	Pepperdine	2:22.79	Anteater Shootout	November 8, 2008
Courtney Nichols	Alaska Fairbanks	2:23.28	Nike Cup	November 22, 2008
Alexis Morehouse	Seattle U	2:23.37	LMU v. Seattle U	November 9, 2008
Kayleen Hicks	Pepperdine	2:24.31	Malibu Invitational	October 25, 2008
Sadie O'Brien	UCSD	2:24.54	Nike Cup	November 22, 2008
Elena Zanone	Cal Baptist	2:27.05	Cal Baptist v. Redlands	November 1, 2008
Megan Crowley	UCSC	2:27.13	Bay Area Invitational	November 15, 2008

200 INDIVIDUAL MEDLEY

Mariya Pavlovskaya	Alaska Fairbanks	2:06.16	Nike Cup	November 20, 2008
Alexandra Henley	UCSD	2:07.03	Nike Cup	November 20, 2008
Courtney Nichols	Alaska Fairbanks	2:08.15	Nike Cup	November 20, 2008
Kendall Bohn	UCSD	2:08.35	Nike Cup	November 20, 2008
Tammy Choy	LMU	2:08.54	Nike Cup	November 20, 2008
Erin Deters	UCSD	2:09.38	Nike Cup	November 20, 2008
Yvonne Le	LMU	2:09.37	Nike Cup	November 20, 2008
Haley Wilson	Pepperdine	2:10.92	Malibu Invitational	October 25, 2008
Cari Cunningham	UCSD	2:11.28	Nike Cup	November 20, 2008
Ana Gomez	Concordia	2:11.15	Nike Cup	November 20, 2008

400 INDIVIDUAL MEDLEY

Alexandra Henley	UCSD	4:27.60	Nike Cup	November 21, 2008
Mariya Pavlovskaya	Alaska Fairbanks	4:29.30	Nike Cup	November 21, 2008
Courtney Nichols	Alaska Fairbanks	4:32.80	Nike Cup	November 21, 2008
Tammy Choy	LMU	4:34.52	Nike Cup	November 21, 2008
Yvonne Le	LMU	4:34.88	Nike Cup	November 21, 2008
Madison Krall	Pepperdine	4:35.21	Nike Cup	November 21, 2008
Neda Nguyen	UCSD	4:37.28	Nike Cup	November 21, 2008
Trinity O'Neill	LMU	4:37.72	Nike Cup	November 21, 2008
Adriana Quizada	Cal Baptist	4:38.69	Nike Cup	November 21, 2008
Michelle Fadley	Pepperdine	4:40.13	Nike Cup	November 21, 2008